

Meet our friendly team in 2025

Would you like to find out more about Compassionate Voices, our growing community, women's and girls' wellbeing and empowerment workshops and our ongoing events and activities (both face-to-face and virtual)?

**Wellbeing
and empowerment
events and
workshops for
women and
girls**

If that's yes, here's the great news!

We've teamed up with **Sorbo Lounge, Chesterfield**, so that every **2nd Wednesday of the month at 10:00am – 11:30am**, a member of the team and volunteers will be there to answer your questions. Whether you just want to pick up a leaflet, find out more about the workshops, volunteering, or simply fancy joining us for a cuppa, we'd love to see you!

**Starting on Wednesday 12th Feb, 2025 dates are:
12th March, 9th April, 14th May, 11th June,
9th July, 10th Sept, 8th Oct, 12th Nov, 10th Dec.**



Find out more
[www.eventbrite.com/cc/
step-out-with-compassionate-
voices-1981939](https://www.eventbrite.com/cc/step-out-with-compassionate-voices-1981939)



The Power of YOU is a highly recommended and unique journalling programme. From Jan 2020 to Dec 2023 we delivered over **40 workshops**, **reaching out to more than 400 women.**

**The
Power of YOU
programme is now
recommended
by GPs and Job
Centres**



Find us on



Women's online community

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compassionatevoicescommunity](http://www.facebook.com/groups/compassionatevoicescommunity)



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