## Workplace Health Champions training



Calling all Derbyshire businesses - would you like to get FREE health and wellbeing training for your employees?

If so then why not register for Workplace Health Champions training?

Workplace health champions are individual trained employees (in your own workplace) who promote health and wellbeing.

Workplace health champions can motivate and inspire colleagues to make small changes to have a positive impact on their lifestyle and wellbeing. As a result, employees may take less time off work sick and feel happier in the workplace.

Find out more about Workplace Health Champions training, and register your interest, here: <u>https://www.derbyshire.gov.uk/business/healthy-workplaces/workplace-</u> champions/workplace-health-champion.aspx