

Your Journey - sexual violence - a survivor's guide to support and reporting in Derbyshire

We are delighted to announce that “*Your Journey – sexual violence a survivor’s guide to support and reporting*” has now been launched in Derbyshire.

First launched in February 2020, *Your Journey* was written by Nottingham based Consent Coalition, with input from survivors. It gently looks at the decisions a person might make following an incident of sexual violence. This includes sections on:

- Specialist support services
- Decisions, choices and options
- Myth busting
- Independent Sexual Violence Advisors (ISVA)
- Reporting to the Police
- Sexual Assault Referral Centre (SARC)
- Police investigations
- Criminal justice process

The Derbyshire guide can be viewed, downloaded as a pdf and printed from the Consent Coalition website [Support Information Adults | Consent Coalition](#) or from the Derbyshire Victim Services website [Rape and Sexual Assault | Derbyshire Victim Services](#) which includes a flipbook version.

This makes it easy to find and access by all people, including survivors, their supporters and professionals.

I have also attached the *Your Journey – Definitions and Explanation* booklet. This provides you with the definitions and explanations of the bold words contained within the *Your Journey* booklet.

A press release from the Derbyshire Police and Crime Commissioner can be found here:

<https://www.derbyshire-pcc.gov.uk/news/new-guide-helps-survivors-of-sexual-violence-in-derbyshire-access-life-changing-support/>

You can help to promote this resource by:

- Sharing with your colleagues and networks
- Creating links to the booklet from your organisation’s website
- Including as part of staff training and inductions

- Sharing on social media (please get in touch for graphics)
- Printing a copy for waiting areas/public spaces

If you have any questions please get in touch, and we thank you in advance for helping to share *Your Journey*.

Kindest regards

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