

## **Quality Conversations Core Skills**

Our Core Skills training combines general communication skills with health coaching techniques, helping to understand factors that affect a person's health and wellbeing. We know that having Quality Conversations can lead to:

- Improved teamwork
- Better health outcomes
- Increased patient satisfaction.

**[Book your place here!](#)**

## **Clear Conversations- Verbal Health Literacy**

Learn how to effectively communicate with people, ask the right questions, and support them to manage their health. This session is perfect for anyone looking to improve their communication skills in a health, social or volunteer setting. Don't miss out on this valuable opportunity to learn skills to enhance your verbal health literacy!

**[Book your place here!](#)**

**[And don't forget to look at our website for more sessions and resources to support your Quality Conversations.](#)**