

**Did you know? 6 out of 10 people in Derbyshire will struggle to understand basic health information.**

This means many people face challenges when navigating health advice, making appointments, or understanding prescriptions.

But we can do something about it!

**Join our FREE online health literacy awareness training!**



**What you'll learn:**



Understand what health literacy is and why it is important.



What it might mean to have low levels of health literacy.



What other teams have done in practice and what you could do.



Get inspired with practical steps and resources to make a difference.

**When?**



Wednesday 12th March



9:30 AM – 10:45 AM

**[Book your place here!](#)**