



Chesterfield Equality and Diversity Forum - 19th November 2024

Present

Sarah Roy	Chair
Allison Potter	Chesterfield Borough Council
Roz Smith	Chesterfield Borough Council
Marie Widerman	Chesterfield Borough Council
Chloe Collins	Chesterfield Borough Council
Dawn Mackenzie	Citizens Advice
Jessica	P3
Karen Sheriff	Building Bridges in the Community
Joanne Gordon	Chesterfield Tinnitus Support Group

Item	Action
<p>1. Welcome, introductions and apologies</p> <p>Sarah opened the meeting. Everyone introduced themselves. Apologies were received from Holly Pimborough, Jane Birkin, Steph Wiltshire and Kelly, Rachel Smith, Ian Edmundson, Jayne Priestley, Rachael Bunting, Sam Wragg, Shirley Niblock, Clive Thomas, Helen Rhodes, Liz Allam, Annette Bentley, Lesley Winnard, Kath Topliss, Kayleigh Topliss, Siobhan Hible, Michele Young</p>	
<p>2. Joanne Gordon – Chesterfield Tinnitus Support Group</p> <p>Joanne explained tinnitus to the group. Statistics say 1 in 8 people perceive tinnitus. Varying reasons as to what causes tinnitus. More research required. It's important that people do go to the doctors and see a hearing specialist. Two types, subjective and pulsatile. If you have pulsatile you should go to the doctors. If over 55 the group can do a direct referral into Audiology. Hearing aids are very often the first line of treatment. The support group talks to people to find out what's happening in their life e.g. do they have any stress, which although it can't cause it, it can exacerbate it. Give them any support they need. There are group meetings, where you can come along and meet other people. Most people learn to live with it. Lifestyle things help to manage it, ie relaxation, new hobby. Sleeping is always an issue for people who come to the group. There are many coping mechanisms, including apps to listen to. There is a new device which costs £3600, 'Lenire', which gives electrical pulses through your tongue and noise through the headphones. It can be used for 60 minutes daily, for a minimum of 12 weeks. Clinical trials have been positive so far. It won't cure tinnitus, but might help you manage it.</p>	
<p>3. 2024-25 events: HMD – 'for a better future' Monday, 27th January 2025.</p>	

	<p>At a previous meeting we talked about how we would like to mark the event. In lockdown there was something called “Derbyshire Rocks”, where children painted on the stones and then hid them out in the community for other people to find. We have three schools, and some youth groups involved, where they will be painting words or a picture about peace, the future, inclusion etc on the stone. On the back we will have a website for people to log onto, which when they go on it there will be resources to view and hopefully a secure way to upload photos of them with the stones. Also on 27th January there will be a table in the precinct outside Tesco where members of the people can take part. There will be resource packs for the schools and youth groups to explain HMD. One suggestion was to look at doing a follow up, possibly connect to Remembrance.</p> <p>International Women’s Day 8th March. At the previous meeting, we chatted about what we would like to do. This time we are linking in with the Museum and Chesterfield College. They are doing an extraordinary women exhibition at the college. The college is also doing an art project about women and inclusion. The idea is that we will get lots of hands, cut out, and it will say “I am”, for people to complete. They will be strung together into an infinity shape and will be displayed. The college were interested about having somebody to come along on the day to speak. Suggestion; what about asking Teresa Waldron. Allison is going to get in touch.</p>	
4.	<p>Update from Climate Change Forum</p> <p>Last met on 7th October. They have been working on piloting the green awards app. The forum have been giving feedback about what they would like to see on the app. One of the transition chesterfield members delivered a presentation on carbon emissions in Chesterfield. Cop 29, is currently taking place, so the forum wanted to mark that - Forum members ran a market stall in Chesterfield last Friday, advising how people can reduce their emissions. Marie Widerman has also been welcomed as the new Climate Change Officer. At future meetings it would be nice to have a more in depth conversation how the climate change agenda can affect different groups of people.</p> <p>Any suggestions for events or interested groups would be very welcome. We are looking for new forum members and you don’t need to be an expert in climate change to take part. If anyone would like to be part of the Chesterfield Climate Change Forum then please contact us on climate@chesterfield.gov.uk.</p>	
5.	<p>Minutes of last meeting</p> <p>Minutes of the last meeting were agreed.</p> <p>Feedback on the Carers event last week. There were around 15 groups from Chesterfield who came along and supported the event. Carers could drop in and see what help and support was available. A good number of carers attended and the groups were able to network.</p> <p>Deaf equality training was organised by the forum, run by Deafinitely Women, we had 19 attendees, numbers were restricted due to the type of training being undertaken. The event went very well and had a long waiting list, so could be run again in the future.</p>	

6.	<p>Organisation / group updates</p> <p>Building bridges in the community – have a website with lots of information on plus some information leaflets as well.</p> <p>Citizens Advice - Dawn's is research and campaign lead. She looks nationally, regionally and locally at what is impacting on the service users. Research campaign is about our clients having a voice. We're constantly looking to see how we're breaking down barriers. Citizens Advice has LGBT+ rainbow accreditation. Dawn attends so they can be as inclusive as possible. They have paid roles as well as volunteer roles.</p>	
7.	<p>Any other business</p> <p>None</p>	
8.	<p>Date of the next meeting</p> <ul style="list-style-type: none"> • Mon, 13th January, 2025, 10:00am – Committee Room 5 	