

What's on

November 2024

- Regular Activity
- Limited Activity
- Support Group
- Drop-in
- Cuppa & Chat
- Carers Clinic

For more information or to speak to a member of our team, please call

01773 833 833 or email info@derbyshirecarers.co.uk

01/11	Exercise Class ●	13.30 - 14.15	Online
04/11	Heart-Centered Meditation ●	10.00 - 10.20	Online
04/11	Gardening Group ●	11.00 - 12.00	Online
04/11	Support Group ●	14.00 - 15.30	Buxton
05/11	Talk from Maggie's Cancer Care ○	09.30 - 11.30	Ripley
05/11	Support Group ●	10.00 - 12.00	Ripley
05/11	Chair-Based Yoga ●	13.30 - 14.15	Online
07/11	Support Group ●	13.30 - 15.30	Belper
07/11	Support Group ●	13.00 - 15.00	Swadlincote
07/11	Support Group ●	14.00 - 15.30	Staveley
07/11	Drop-in ●	14.00 - 17.00	Heanor

daacss

Derbyshire All Age Carers Support Service

What's on

November 2024

- Regular Activity
- Limited Activity
- Support Group
- Drop-in
- Cuppa & Chat
- Carers Clinic

For more information or to speak to a member of our team, please call

01773 833 833 or email info@derbyshirecarers.co.uk

11/11	Heart-Centered Meditation ●	10.00 - 10.20	Online
11/11	Carers Clinic ●	Bookable Slots	Hilton
12/11	Carers Drumming Session ○	13.00 - 14.30	Ripley
13/11	Shared Reading Group ●	13.00 - 14.00	Online
13/11	Drop-in ●	10.00 - 12.00	Bakewell
14/11	Learning Disability Carers Group ●	16.00 - 17.15	Online
14/11	Carers in Employment Webinar ○	19.00 - 20.00	Online
15/11	Exercise Class ●	13.30 - 14.15	Online

daacss

Derbyshire All Age Carers Support Service

What's on

November 2024

- Regular Activity
- Limited Activity
- Support Group
- Drop-in
- Cuppa & Chat
- Carers Clinic

For more information or to speak to a member of our team, please call

01773 833 833 or email info@derbyshirecarers.co.uk

daacss

Derbyshire All Age Carers Support Service

18/11	Heart-Centered Meditation ●	10.00 - 10.20	Online
19/11	Support Group ●	14.00 - 15.30	Glossop
19/11	Chair-Based Yoga ●	13.30 - 14.15	Online
21/11	Memory Loss Carers Group ●	14.00 - 15.30	Online
21/11	Cuppa & Chat ●	10.00 - 12.00	Ashford in the Water
21/11	Carers 1-2-1 Drop-in ●	Bookable Slots	Online
21/11	Drop-in ●	10.00 – 13.00	Long Eaton
21/11	Carers Information Day ●	13.00 – 16.00	Melbourne
21/11	Drop-in ●	11.30 – 14.30	Alfreton
22/11	Cuppa & Chat ●	12.00 - 14.00	Hilton

What's on

November 2024

- Regular Activity
- Limited Activity
- Support Group
- Drop-in
- Cuppa & Chat
- Carers Clinic

For more information or to speak to a member of our team, please call

01773 833 833 or email info@derbyshirecarers.co.uk

25/11	Heart-Centered Meditation ●	10.00 - 10.20	Online
25/11	Support Group ●	14.00 - 16.00	Chapel-en-le-Frith
27/11	Drop-in ●	10.30 - 11.30	New Mills
27/11	Shared Reading Group ●	13.00 - 14.00	Online
27/11	Paint a Pot ○	14.00 - 16.00	Denby
28/11	Support Group ●	10.30 - 12.00	Swadlincote
28/11	Learning Disability Carers Group ●	16.00 - 17.15	Online
29/11	Exercise Class ●	13.30 - 14.15	Online

daacss

Derbyshire All Age Carers Support Service