## How has Quality Conversations helped our colleagues?

"I have learnt to find the positive and focus on strengths."

"I will be encouraging the individual to make their own decisions. Using open questioning and open listening techniques."

"I will ask open questions, summarise, and not leap in to solve problems like a superhero."

Book on to our next session on 2<sup>nd</sup> October here and see what difference Quality Conversations can make.

You can also find out more on our website.

Laura Walton-Taylor (she/her)

Project Lead- Quality Conversations (3 days)

Health Literacy Officer (2 days)

Quality Conversations, Personalisation and Health Literacy » Joined Up Care Derbyshire