









# **DRUG & ALCOHOL TRAINING**

## FOR DERBYSHIRE **PROFESSIONALS**

Our certified training courses can be delivered online or face to face.

**Alcohol Awareness and Introduction to Brief Interventions** 

Substance (Drug) Awareness

Addiction and Interventions in Substance Use

This training can be delivered to groups of staff. Contact us for further information.

We also offer short talks to organisations in Derbyshire. These sessions cover how to make a referral and the support we provide. This service is completely free.

For bookings and more information visit:

daas.uk.com

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### Alcohol Awareness and Brief Interventions to Brief Interventions

DAAS offers a free 4-hour CPD UK course delivered on MS Teams on problematic alcohol use. The course covers:

- · Alcohol unit measurements
- · UK alcohol guidelines
- Health risks associated with drinking too much
- Starting conversations and intervening where alcohol is an issue
- · How to refer into specialist substance misuse services

#### Substance (Drug) Awareness

DAAS offers a free 4-hour CPD UK certified course delivered on-line using MS Teams, focusing on substances commonly misused. The course covers:

- · Identifying the different commonly used drugs
- Classifying drugs into categories (stimulants, depressants, hallucinogens)
- Differentiating between myths and facts about illegal substances
- · How to refer clients to specialist substance misuse services





#### Addiction and Interventions in Substance Use

DAAS offers a free 5-hour course delivered on MS Teams. It is led by experienced trainers and helps you understand and engage with people struggling with addiction. The course covers:

- · The effects of addiction to drugs and alcohol
- · Identifying the warning signs
- How drugs work and how addiction develops
- Skills and techniques for dealing with addiction challenges.

Service Talks - About Derbyshire Recovery Partnership
We offer short service talks to Derbyshire organisations,
which cover the following topics: the services provided by

DRP, how to make a referral, and what support may look like.



The training is funded for Health, social and community staff and other relevant workers within Derbyshire (exc Derby City). It is now possible for staff outside to attend our courses for a small cost.

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