## Other Support Services Available

**Derbyshire Carers** 

Tel: 01773 833 833 info@derbyshirecarers.co.uk

**Derbyshire Recovery Partnership** 

Tel: 01246 206514

info@derbyshirerecoverypartnership.co.uk

**FRANK** 

Tel: 03001236600 frank@talktofrank.com

THE KELSEY FAMILY CIC
Unit 8 - The 1924 Arcade, Campbell Street,
Belper, DE56 1AP
Tel: 07733 335797
KFFCIC@gmail.com

RELATE, couples, families counselling and SPACE Support for young people New Square Chesterfield S401AH Tel: 01246 382772 admin@relatechesterfield.org.uk



#### **Contact Us**

- First floor, Dents Chambers, 81 New Square, Chesterfield, S401AH
- 01246 206514
- daas.uk.com/family-interventionssupport/
- FIW@daas.uk.com

# Let us support you through recovery

Get in touch with our family interventions worker who can provide further information





Working together to support recovery from substance use

## Support for you

If you are affected by the substance or alcohol use of someone you are close to, we can offer advice and support.

We understand that whether or not your family member is seeking support, is in treatment or recovery from a substance use problem, there are still challenges that **you** may have to face.

Some of the concerns you might have are:

- · How will I cope if they relapse?
- · How can I live with this fear?
- How can I manage the impact it has on my family?
- How do I cope in social situations, should I stop drinking too?

We know how difficult this can be, many of our family intervention workers have experienced living with substance use.



### What we offer:

- Telephone support provided by someone with experience of a family member's substance misuse
- Free easily accessible remote course on understanding addictions
- · Opportunities for peer support.

We also offer affected family members, BACP accredited counselling based on the CRAFT © Model (Community Reinforcement and Family Training). This evidence base programme can be delivered 1:1 and in a group.

Visit our website to find out more information: daas.uk.com/family-interventions-support/

# Views from family members about the support they received

"The information I got from the course helped me to understand addiction, my son and I now have a much better relationship based on shared understanding"

"The family worker clearly knew what I was going through, just listening to me, gave me the strength I needed"

"I can't thank my counsellor enough for the support, it has literally been life changing!"

"This service, should be available to all families, it has kept my family together, - thank you!"



