

From: Info - Peerpartnership <Info@peerpartnership.org>

Subject: The Peer Partnership offer for VCSE training leads - free spaces available to discover our workshops

We are a charity based in Bristol that offers training, consultancy and service delivery. We offer a range of skills and best practice workshops for professionals and volunteers in the VCSE, health, and public sectors.

To reach a wider audience, we would like to offer the training lead in your organisation a **free place** on one of our half-day, online workshops listed below. We want to give you the chance to discover our training and see whether it would be suitable for delivery within your networks, either on behalf of your organisation or promoted directly to organisations in your area. If it is of interest, we would then love to discuss the viability of running online or in-person workshops for your organisation or other organisations within your network.

Our training has been designed with a focus on practical skills, to help participants take learnings and apply them within their role. Our workshops have been developed by a trainer who has worked in the VCSE sector for over 15 years as an advice and support worker, volunteer coordinator, peer worker, trustee, and service manager, so they come with the experience and problem-solving skills that we find have been highly valued by our participants. We are also very proud to have had a 100% positive response rate to the question, "Would you recommend our workshops to someone in a similar role?" from over 200 workshop participants.

If this offer is of interest, **please email me** the details of the workshop that the training lead would like to attend, and I will send you a **100% discount code**. *****Please note that we are limiting this offer to four spaces per workshop, and one space per organisation.***

You can find out more about our services in our [brochure](#), or you can find details of all the workshops we deliver on our [Training](#) page on our website.

Group Dynamics and Facilitation

[Tuesday 20th August 2024](#) 09:30-13:30

[Tuesday 19th November 2024](#) 09:30-13:30

Group support can be a valuable and effective intervention for people living with complex or difficult circumstances. The ability to share your knowledge and experiences with others while also learning from the knowledge and experience of others can lead to new ways of thinking and approaching situations, as well as supporting a reduction in feelings of isolation. Groups can be organic and unpredictable, with each instance bringing new personalities and new complications. By learning how groups form, engage, and resist, and by understanding how to create an

environment that emphasises the needs of the group as well as those of the individuals within it, support groups can maintain focus, cohesion, and effectiveness. This workshop is designed to support staff and organisations in voluntary, community, and social enterprises (VCSEs) to understand group dynamics within a support setting and to manage and coordinate groups or supervise volunteers to do so.

For more information on this workshop, please click the relevant link above for our Eventbrite booking page, or visit our website here: [Group Dynamics and Facilitation Workshop](#)

Recognising and Responding to Challenging Behaviour

[Tuesday 3rd September 2024](#) 12:30-16:30

[Tuesday 26th November 2024](#) 09:30-13:30

Working with people with complex lives can be difficult, especially when service users might display strong defensive, aggressive, or disengaging behaviours that can interrupt constructive and meaningful engagement. This workshop explores challenging behaviour, how to recognise it, and techniques to work out when and how to intervene to try and de-escalate these situations.

For more information on this workshop, please click the relevant link above for our Eventbrite booking page, or visit our website here: [Recognising and Responding to Challenging Behaviour Workshop](#)

How to Design Peer Support

[Tuesday 5th November 2024](#) 09:30-13:30

Peer support can be a hugely effective intervention for people going through complicated life circumstances. Being able to receive empathetic support from people who have been through similar situations can reduce feelings of isolation and not being understood. It can also help people improve their knowledge, confidence, and ability to take control of their situation by learning from the experiences of others who have overcome, or who may still be struggling with, the obstacles and barriers they are facing. This workshop is designed to support health organisations and voluntary, community, and social enterprises (VCSEs) to consider, plan, and troubleshoot the introduction of peer support programmes into their services.

For more information on this workshop, please click the link above for our Eventbrite booking page, or visit our website here: [How to Design Peer Support Workshop](#)

Boundaries in the VCSE Workplace

[Thursday 21st November 2024 12:30-16:30](#)

Professional and personal boundaries are key to keeping service users, staff, and organisations, safe, effective, and professional. They help us to utilise our skills in the most appropriate way within our professional roles, and to ensure consistency of service and management of the expectations of service users. But what are boundaries, and what can make it difficult to maintain them? This workshop is designed to support staff and organisations in voluntary, community, and social enterprises (VCSEs) to consider, plan, and implement personal and professional boundaries in the workplace. We will explore the various aspects of boundaries in the workplace, using open discussion of our own boundaries, case studies of situations that can arise, and how we can manage the maintenance of boundaries through internal and external policies and personal accountability.

For more information on this workshop, please click the link above for our Eventbrite booking page, or visit our website here: [Boundaries in the VCSE Workplace Workshop](#)

If you would like to talk to us in more detail about any of the above, please email info@peerpartnership.org or call 0117 955 5038.

For more information about The **Peer** Partnership, please visit [The Peer Partnership website](#).

Kind regards,

Louise Young,

Executive Assistant

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