## **Free Training**

## Carer Awareness Training for General Practice Teams: Invitation to free training (1hr)

Carers have told us that their relationship with the General Practice Team has a significant impact on their experiences as a Carer. A strong relationship with a GP can have a hugely beneficial effect on Carer's wellbeing, their access to support and leave them feeling valued and supported.

Derbyshire All Age Carer Support Service would like to invite General Practice Teams to a free 1 hr Carer Awareness Training session to learn how to become a Carer Friendly Practice.

## What the session covers:

- Who Carers are
- Carers Rights
- How to identify & support Carers
- The support available to Carers
- How your practice can become more Carer friendly and work towards our Carers Pledge

## To book your free place, email: carerfriendlypractice@derbyshirecarers.co.uk

Wednesday 4th September 2024

2pm – 3pm



Derbyshire All Age Carers Support Service