

Clay Cross Wellbeing Walk In



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Pop along for a free wellbeing session including Blood Pressure checks, health and wellbeing advice and information from Derbyshire Carers and Time Swap services.

At Wellbeing Wednesday
Hub S45, Gladstone Buildings,
Broadley's, Clay Cross. S45 9JN

Wednesday 28th August
10am - 12 midday.



Chat with us and
get a free cuppa!



Live Life
BETTER
DERBYSHIRE

As well as free Blood Pressure checks there will be information and advice from Derbyshire Carers Association and Time Swap.