

# Meet our friendly team

Would you like to find out more about Compassionate Voices, our growing community, women's and girls' wellbeing and empowerment workshops and our ongoing events/activities (both face-to-face and virtual)?



Find out more about our wellbeing/empowerment events & workshops for women & girls

## If that's yes, here's the great news!

We've teamed up with **Sorbo Lounge, Chesterfield**, so that **every 2nd Wednesday** of the month, a member of the team and volunteers will be there to answer your questions. **From Wednesday 10th July - 10:00am – 11:30am**, whether you just want to pick up a leaflet, find out more about the workshops, volunteering, or simply fancy joining us for a cuppa, we'd love to see you!

### 2024 dates are:

**10th July, 14th Aug, 11th Sept,  
9th Oct, 13th Nov, 11th Dec  
10:00am – 11:30am**

Find out more at [www.eventbrite.com/cc/step-out-with-compassionate-voices-1981939](http://www.eventbrite.com/cc/step-out-with-compassionate-voices-1981939)



The Power of YOU is a highly recommended and unique journalling programme. From Jan 2020 to December 2023 we delivered just over 40 workshops, reaching out to more than 400 women.

The Power of YOU programme is now recommended by GPs & Job Centres

