

# The Power of You workshops



**Kick Start  
the Summer with  
Compassionate Voices**

**CHESTERFIELD FOOTBALL CLUB  
MONDAY 15TH JULY  
11:00AM - 3:00PM**

Find out more about our services  
and highly recommended  
journaling workshops  
for women and girls.

## THE POWER OF YOU

*Never underestimate the things that you can do*

The Power of YOU online workshops offer women a chance to look at a lifestyle change, an increase in self confidence and an opportunity to be part of a supportive growing community.

HUB AT GLADSTONE, CLAY CROSS - THURS 13TH & 20TH JUNE - 10:00AM - 2:00PM
CHESTERFIELD FIRE SERVICE (COMMUNITY ROOM) - SUN 16TH & 23RD JUNE - 10:00AM - 2:00PM
COAL ASTON VILLAGE HALL - SAT 22ND & 29TH JUNE - 10:00AM - 2:00PM
SHIREBROOK LEISURE CENTRE - THURS 4TH & 11TH JULY - 10:00AM - 2:00PM
CHESTERFIELD FOOTBALL CLUB - KICK START SUMMER - MON 15TH JULY - 11:00AM - 3:00PM
ALFRETON FIRE SERVICE (COMMUNITY ROOM) - SAT 20TH & 27TH JULY - 10:00AM - 2:00PM
GRASSMOOR COMMUNITY CENTRE - SAT 7TH & 14TH SEPTEMBER - 10:00AM - 2:00PM
CHESTERFIELD FOOTBALL CLUB - MON 9TH & 16TH SEPTEMBER - 10:00AM - 2:00PM
DRONFIELD HALL BARN - WED 18TH & 25TH SEPTEMBER - 10:00AM - 2:00PM
STAVELEY FIRE SERVICE (COMMUNITY ROOM) - SAT 21ST & 28TH SEPTEMBER - 10:00AM - 2:00PM
HILLSTOWN VILLAGE HALL - SAT 5TH & 12TH OCTOBER - 10:00AM - 2:00PM

Includes an interactive journal and refreshments.

For further information and to book your place please follow the link  
[www.eventbrite.com/cc/the-power-of-you-womens-empowerment-workshops-1970189](http://www.eventbrite.com/cc/the-power-of-you-womens-empowerment-workshops-1970189)  
or scan the QR code below. Email: [info@acompassionatevoice.co.uk](mailto:info@acompassionatevoice.co.uk),  
or call 07894 101995



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**Book Your Place**