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Issue 101 | 21 June 2024

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### **Welcome to this week's Stakeholder Bulletin.**

Our stakeholder bulletin aims to bring you key updates from the health and care system.

This week you can find out more about upcoming industrial action, learning disability week, upcoming events and information.

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## **Industrial action update**

Junior doctors who are members of the British Medical Association (BMA) and Hospital Consultants and Specialists Association (HCSA) will take part in industrial action from 7am on Thursday 27 June to 7am on Tuesday 2 July.

On these days, junior doctors in Derbyshire will have the opportunity and personal choice to go on strike for all or some of the time.

Our key messages to the public during industrial action include:

- If you have not been contacted by the NHS, please attend your appointment as planned.
- Please use health services wisely, use [111 online](#) as the first port of call for health needs and only using 999 if it is a life-threatening emergency.
- Take simple steps to look after yourselves, loved ones and check in on vulnerable family members and neighbours.
- It is really important that patients who need urgent medical care continue to come forward as normal, especially in emergency and life-threatening cases - when

- someone is seriously ill or injured, or their life is at risk. A&E, ambulance and 999 services in Derby and Derbyshire will remain available during the industrial action.
- People in mental health distress should continue to seek support as normal. Mental health crisis services will be running during the industrial action, as will the Derbyshire Mental Health Helpline and Support Service (0800 028 0077). Details of other sources support can be found on the [emotional health and wellbeing website](#) and the [Hub of Hope website](#).

Further detail can be [found on our website](#).

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## Learning disability week

[Learning Disability Week 2024](#) takes place from 17 to 23 June. The NHS in Derbyshire wants to remind people with a learning disability about the importance of annual physical health checks.

These checks, usually carried out by GPs, have been proven to be effective in diagnosing conditions amongst people with a learning disability that might otherwise have been missed. More information can be found on the [Derbyshire Healthcare website](#).

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## Update from the Mental Health, Learning Disabilities and Autism Delivery Board - June 2024

Find the latest update from the Mental Health, Learning Disabilities and Autism Delivery Board on the [Derbyshire Healthcare website](#).

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## Whooping cough rates increase

Whooping cough rates have risen sharply in recent months. Babies who are too young to start their vaccinations are at greatest risk.

Vaccination is the best defence against whooping cough. The whooping cough vaccine is given as part of the routine childhood vaccination schedule in the UK at 8, 12 and 16 weeks of age with a booster offered preschool. This programme provides good protection against severe disease but protection after vaccination and disease will wane over time.

You can read more about the signs, symptoms and what to do if you suspect a child may have whooping cough on the [NHS website](#).

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## Two Generations homeshare service

The Two Generations homeshare service matches people who live alone (typically older people or those with disabilities) and have a spare room, with younger people who can provide an overnight presence, companionship and help with household chores.

Homeshare is suitable for anyone who feels isolated and less independent as years go by and Two Generations' Homeshares work alongside and complement existing care provision, contributing to the preventative, community-based agenda.

An [introduction is available](#), and you can learn more from the Two Generations team at 2pm on 17th July. [Sign up here](#).

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## Summer open day for Derbyshire perinatal mental health service

The Derbyshire perinatal mental health service, which is part of Derbyshire Healthcare NHS Foundation Trust, is holding a summer open day for families.

The event is free to attend and takes place on Sunday 18 August, 10am - 2pm at Electric Daisy, Derby.

Join them for a family day out including activities, stalls, performances, and support.

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## Spring covid vaccine programme

People who are immunosuppressed, aged 75 or over and older adults care home residents are now eligible for their covid-19 spring vaccine. People in these groups will be invited to book in for their vaccine starting from April. It is really important to book in and get your vaccine if this is offered to you. The vaccine reduces your risk of becoming seriously unwell with covid.

[Book yours now if eligible.](#)



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## JUCD self referral library now live

Did you know that you don't always need to see a GP or consultant to access some referral services? Self-referral is an option that can make it easier and faster for you to get help, rather than seeing your doctor.

You can register for most of them online. [Find out more.](#)

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## Contact

If you have any feedback, or questions, please email us at: [ddicb.enquiries@nhs.net](mailto:ddicb.enquiries@nhs.net).

If you would like to subscribe then email us at [ddicb.communications@nhs.net](mailto:ddicb.communications@nhs.net).