



"Sharon made me feel good about myself and helped us all embrace the things we loved about ourselves. She talked about her journey with mental health to let us know that we are not alone."
Yr. 8 student, Spalding High School

THIS IS ME

THIS IS HOW IT SHOULD BE

Fun FREE journalling workshops throughout the summer (for girls 11-17 years)

AT THESE VENUES:

CHESTERFIELD FC COMMUNITY TRUST SMH GROUP STADIUM, CHESTERFIELD S41 8NZ & CDC, COSY HUB, BURNS CLOSE, CHESTERFIELD S40 2SW

FRIDAY 2ND & 9TH AUGUST 11:00AM - 1:30PM CHESTERFIELD FC
SATURDAY 3RD & 10TH AUGUST 1:00PM - 4:00PM CDC, COSY HUB
WEDNESDAY 7TH & 14TH AUGUST 1:00PM - 4:00PM CDC, COSY HUB
MONDAY 12TH & 19TH AUGUST 11:00AM - 1:30PM CHESTERFIELD FC
FRIDAY 16TH & 23RD AUGUST 11:00AM - 1:30PM CHESTERFIELD FC

INCLUDES PIZZA LUNCH

For more information and to book your place please scan the code below, go to www.eventbrite.com/cc/this-is-memap-to-fantastique-workshops-for-girls-2003969
email: info@acompassionatevoice.co.uk, or call 07894 101995

