

You are invited to our Health & Social Care Voluntary Sector Forum to be held on **Wednesday 22<sup>nd</sup> May 2024**. This Forum will be held at The Post Mill Centre, Market Street, South Normanton, Alfreton DE55 2EJ. There is free parking available.

**The agenda includes:**

**1. Looking After Yourself** - Dr Melanie Hani, Mental Health and Suicide Prevention Practitioner for the VCSE, Derbyshire County Council

'Looking after Yourself' talks about boundaries and how to protect your time and your mental health. Dr Melanie Hani's role is to support the well-being and mental health of those working or volunteering in the voluntary, community and social enterprise sectors.

**2. Think Fest! 2024 – Songs that saved our lives** - Ellie Marie Scott, The Georgia Bird Foundation

ThinkFest! is Derbyshire's first mental health style festival that opens up conversations and awareness around mental health, suicide and wellbeing in Chesterfield town centre. This year, it will back at Vicar Lane on Saturday 25th May from 10am-3pm with an exciting line up of entertainers, workshops and panels.

**3. Trauma Informed Derbyshire** - Mat Lee, Project Lead, Derbyshire Mind

Derbyshire Mind in partnership with and Derbyshire County Council Public Health are inviting health and care providers to consider becoming (or becoming more) trauma informed e.g. recognising the impact of trauma on their clients and staff and volunteers. Mat Lee's focus will be on working with the VCSE/Faith sector and he wants to introduce himself and start a conversation about trauma informed work.

**4. Derbyshire County Council Consultation on Discretionary Funding**

**a.** Consequences and wider implications to the VCSE of loss of discretionary funding; that is funding which is not a statutory responsibility of Derbyshire County Council.

**b.** As statutory services pressures increase, what implications does this bring to a voluntary sector at stretched capacity?

Read about the consultation – <https://tinyurl.com/discretionarygrants>

## **5. Evaluating the VCSE Memorandum of Understanding in Derby/Derbyshire**

The Memorandum of Understanding was launched in June 2023 and set out cultures, behaviours, aspirations and actions necessary for the Integrated Care System, the Integrated Care Board and the VCSE sector to work effectively together as partners. It was recognised that for the MoU to be effective, it would need to be evaluated annually. We will be creating a space to facilitate conversations on the seven key questions relating to VCSE engagement priorities outlined in the MoU.

**If you would like to attend please book using this link <https://buytickets.at/derbyshirevoluntaryaction/1224248>**

Please cancel your booking if for any reason you cannot attend – this will help us determine numbers required for refreshments.

Best wishes  
Derbyshire Voluntary Action