

Cuppa 'n' Chat



Are you a carer, caring for a family member, friend or neighbour with a long-term illness and/or disability?

St Thomas Centre (Room 2)
Chatsworth Road Chesterfield
S40 3AW

Thursday 23rd May 11am- 2pm
Enjoy a chocolate quiz, colouring therapy, refreshments and chatting with other carers

come along
to our Carer's Cuppa 'n' Chat to meet with a Carer Support Worker and other carers - and enjoy a hot drink and a chat.

Please contact **Heather Aitken** for more information and to book your place **01773 833833**

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derbyshirecarers.co.uk
Reg. Charity No: 1062777

