



Did you know that we could help our planet and reduce food waste by 60,000 tonnes just by buying loose fruit and veg?*

That's why we're excited to introduce the UK's biggest annual food waste reduction campaign, **Choose What You'll Use**, running from 18th to 24th March 2024 and brought to you by **Love Food Hate Waste**.

To spark class discussions about food waste and how we can all play a part in reducing it, embark on a fun-filled educational journey with the new **Choose What You'll Use lesson resource!** Available for FREE, this PSHE resource is designed to **empower children aged 7-11 to explore food waste and the power of loose fruit and vegetables.**

After exploring the resource, your pupils will be able to:

- Explain that we can save money and protect the environment by not wasting any edible food.
- Name ways to reduce waste; e.g. by buying loose fruit and vegetables.
- Give examples of the choices people have when shopping to select the size, quantity, colour, and shape of fruit and vegetable that are right for them and their needs.

Visit Love Food Hate Waste website and download the Choose What You'll Use resource for free to get your pupils started on their adventure!

[DOWNLOAD RESOURCE](#)

